

Cold laser therapy offers pain relief



(WLUC)

Beams of light may be the answer for those in search of pain relief and healing. Cold laser is a noninvasive healing light therapy used to minimize pain and discomfort while healing damaged tissue anywhere on the body from head to toe.

According to Dr. Stephanie Wautier, cold laser benefits include increased blood flow, decreased inflammation and increased cellular production of adenosine triphosphate, which gives cells more energy to heal.

With 15 FDA clearances for various conditions, cold laser therapy uses infrared light to penetrate damaged tissue and help the body heal and recover faster.

While pain relief is the number one motive for cold laser therapy, other reasons include bone healing, tendinitis, planter fasciitis, Achilles tendinitis, and injuries from over-use. "Anything that's an '-itis,'" shared Dr. Wautier, "an inflammatory process will benefit from this treatment."

"We see a lot of people who are at their wits end, you know," said Dr. Wautier. "They've tried maybe even surgery, maybe they've tried physical therapy, maybe they've even tried massage and chiropractic, but nothing is really getting them out of pain completely."

[Wautier Wellness Chiropractic and Massage](#)

is one of two facilities with the FX635 in the Upper Peninsula.

Dr. Wautier recommends six sessions of 10-20 minute treatments for the best results. Although insurance does not cover this treatment, Wautier Wellness is offering cold laser therapy for \$250 for six treatments.

For more information about cold laser therapy visit Wautier Wellness'

