TUESDAY, DECEMBER 10, 2019

PREVENTABLE TRAGEDIES

Rita Hardin, Executive Director

Rita Hardin focuses on Pain Review and Life with Wellness. In their eyes, pain treatment is a matter of life and death.

Pain Review, Inc. has been the prominent voice for nurses for the past 15 years. Nurses attended at Hardin Associates are quick to point out, "I'm a RN, I'm a nurse." Hardin Associates is a nurse-driven organization. Nurses are the heart of Pain Review.

Drug Rehabilitation is the most important service. Intensive care is the most direct and certain rehabilitation treatment in 2019. Dr. Tommy Hardin, Medical Director, Pain Review, Inc. Dr. Hardin is a board certified anesthesiologist and pain management specialist.

Pain Review, Inc. is the only organization in the world uniquely integrating pain rehabilitation, 70% of prevention of those who enter rehab program successfully finish the program

beyond ourselves reaffirms our nation and our individual and collective roles in it.

A critical element is our collective memory and frames of reference. Statues and monuments are tangible representations of memory. Our collective knowing and discussing our origin is fundamental to a civic culture where shared values hold us together. Civil dialogue with those we disagree is the structure that allows our institutions, our communities, and our society to exist.

America's unique civic culture and collective identity is the antithesis to tyranny. President Ronald Reagan referred to America's example of freedom and representative government as "the shining light on the hill" that inspired freedom loving people worldwide.

Those promoting Communism, Fascism, and other forms of oppression have always understood that their ideas are antithetical to our civic culture and that those wanting unlimited political power have made common cause with outside forces in their attempt to undermine America.

In 1927, Stuart Chase, one of the founding members of President Franklin Roosevelt's (FDR) "Brain Trust", met with Stalin and Trotsky to gain inspiration for the Marxist/Left in America. In 1932, Chase, with Rexford Tugwell, "Why should the Russians have all the fun of remaking their society?"

Guided by Chase's vision, the Left set about systematically capture and control America's cultural levers. Hollywood fell first. Most news media fell by the late 1960s. Print media was corrupted from the start. Pro America outlets, like Time Magazine, succumbed as their founders died or retired. Academia was conquered during the 1960s in the wake of the "free speech movement" and then the anti-Vietnam War protests.

During the 1980s, the Left targeted America's 13,425 school districts. Leftist teachers unions and Leftist teachers were used to "take the schools". Leftist teachers promoted revisionist history supported by new textbooks like Howard Zinn's "A People's History of the United States", which became the standard high school textbook for a generation.

In some schools, world history courses narrowed to cover only events that occurred in the 20th Century. Traditional American history courses were eliminated. The Texas State Board of Education voted to remove 450 historical figures. This included significant individuals like John Hancock. The National Assessment of Educational Progress reported that only 18 percent of High School graduates are proficient in American history.

A parallel project was shrinking civics education to the point where only 23 percent of eighth-graders perform at or above the proficient level on the National Assessment of Educational Progress civics test. Today, only one and only 26 percent of Americans can name all three branches of government.

The election of Barack Obama in 2008 ushered in an era of divisiveness. Obama campaigned as a proponent and symbol of racial harmony. Once elected, Obama and his Administration launched a wide range of actions to undermine America's civic culture, to include the use of the federal demographics became the lens through which private and public actions were viewed.

The era of "wokism" replaced meritocracy. Martin Luther King's famous quote," one day live in a nation where they will not be judged by the color of their skin but by the content of their character" was completely turned upside down. Divisiveness and "tribalism" ate away at America's common framework and values.

An intensified phase of undermining America's civic culture began after a 2011 Tea Party based Republican Congressional victory. Congressional Republicans promoted conservative voting patterns. The Left began to methodically demonize America's founding narrative, encompassing events and people.

Denigrating the American Flag, removing the National Anthem, and ending 4th of July were the Left's trinity for destroying America's civic culture.

Statues were removed. Athletes "took a knee" to denigrate America's National Anthem, a "Black National Anthem" was sung as the preferred "more inclusive" alternative.

The Left's goal was to fundamentally shift the inspiring narrative of America's founding in 1776 to the darker, anti-American, narrative of the 1619 movement.

Nikole Hannah-Jones, the intellectual force behind the 1619 movement, asserted the arrival of the first slaves at Jamestown was the true founding of America. This was launched in 2019 as a counter to celebrating the 400th anniversary of the Pilgrims' landing at Plymouth Rock. Nikole Hannah-Jones barnstormed cable news asserting, "Independence Day does not mean the same thing to everybody. We are forcing white people to confront what this holiday has meant to black people".

On one show, Hannah-Jones' assertion was supported by Leftist historian Jon Meacham, who reported that the July 4th was "only about a document not about shaping a nation". Meacham asserted, "For generations we have looked at July 4th as a moment of celebration. It's not that. It's a moment of pain." For too long we have taught this one narrative that glorifies white supremacy, glorifies colonization."

The Left elevated an obscure moment in America's Civil War, "Juneteenth", as the "more inclusive" alternative to celebrating the "white slave document" of the Declaration of Independence.

Juneteenth is based on the false narrative that slavery in America ended on June 19, 1865. That was the day a Union General marched into Galveston, Texas and announced the Civil War was over and the slaves being held in that state were free. The Civil War ended in April, announced on December 6, 1865, to officially free all of America's slaves nationwide.

The Left began an incessant drumbeat that America was "built by enslaved people on stolen land". The noble narrative of a nation of immigrants thriving in freedom, commerce, and limited government, was replaced by shame.

The Left's goal was to expand government to "right wrongs" and "make amends". Key elements were reparations; Critical Race Theory (CRT); Diversity, Equity, and Inclusion (DEI); and Environmental, Social and Governance (ESG).

The Left's echo chamber of controlling media, academia, entertainment, and government reached its zenith with the George Floyd riots of 2020. Demonizing Trump and his supporters as racists, fascists, and Nazis became one of the vehicles for sweeping Joe Biden into power. Leftist control of social media silenced dissent. They were on the brink of totally remaking America in their image.

Then the world changed.

The Leftist agenda, to flood America with illegal immigrants, create chaos through weakening the police, and steer the justice system from going after criminals to going after Trump and his supporters ignited a massive backlash.

It became increasingly clear to a growing number of Americans, that they were being "played" by the Left. The "Big Lie" of the 2020 Biden "landslide" constructed reality fell apart. Crime spiraled out of control in cities. Inflation soared. America's weakened foreign and military policy emboldened tyrants and Americans died.

On April 14, 2022, Elon Musk purchased Twitter. Suddenly, one of the most important components of the Left's Fraudulent reality became the chief forum for exposing their lies.

President Biden's steady mental decline became harder to hide. Trust in those who tied in order to gain, expand, and retain their power ranished.

The 2024 election shocked the system back to reality. The MAGA revolution and the DOGE audits gave new hope that America could be saved.

The struggle to save America is just beginning.

"We're in the middle of a cultural revolution in America, and one of the biggest battlegrounds is the schools," explained Morris For Liberty co-founder Tiffany Justice.

There are 98,577 public schools in 13,425 school districts. Each district is run by elected school boards where ultra-Leftist politicians dominate. The 3,827,100 public school teachers are mostly liberal to Leftist. **94 percent of teacher union campaign funds go to Democrats.**

In West Virginia, America's most conservative Republican state, public school leaders promoted Che Guevara as their 2022 role model for Hispanic Heritage Month.

President Trump joined the battle by issuing an Executive Order on January 29, 2025, titled "Ending Radical Indoctrination in K-12 Schooling":

"In recent years, however, parents have witnessed schools indoctrinate their children with a divisive, anti-American ideology, without their knowledge or parental oversight. Such an environment operates as an echo chamber, in which students are forced to accept these ideologies without question or critical examination. In many cases, innocent children are compelled to adopt identities as either victims or oppressors solely based on their skin color and other immutable characteristics. This ideology, which is based on false premises, is being but also sow division, confusion, and distrust, which undermine the very foundations of personal identity and family unity.

Imparting anti-American, subversive, harmful, and false ideologies on our Nation's children not only violates longstanding anti-discrimination civil rights law and undermines the ability of our children to become productive, patriotic acquaintance to "White Privilege" or "unconscious bias," actually promotes racial discrimination and undermines national unity."

Trump's Executive Order directs federal agencies to end funding for any activities deemed undermining America's civic culture. It is a clear signal that the decades long battle for the soul of America is a priority.

While Trump is waging an office-by-office struggle to gain control of the Federal Government, parents and local activists are fighting to regain America-affirming education school-by-school, and classroom-by-classroom.

Generations of young people are adults with at best ignorance about America, or at worst, a Leftist set of assumptions about their country.

What took the Left decades to destroy, may take years to reverse. Time is short.

All the world's freedom loving people are watching.

Posted by Scot Faulkner at 2:18 PM No comments: Labels: 1619 Project, Civic Culture, DOGE, education, Leftists, MAGA, Obama, Trump

FRIDAY, FEBRUARY 14, 2025

LIGHTING THE WAY TO A HEALTHIER AMERICA

The Make America Healthy Again (MAHA) movement is now national policy with Trump establishing the MAHA Commission and Robert F. Kennedy, Jr. as the Secretary of the Department of Health & Human Services (HHS).

Americans are universally concerned about their health, but well-financed and organized interests block the path. The food industry spends $40 million a year on lobbying and contributes $60 million each election cycle. Big food spends $130 million a year on lobbying and contributes $42.5 million each election cycle.

Funding and lobbying by Big Pharma and Big Food support the Medical Establishment's unwillingness to embrace new medical approaches. This inertia plagues American healthcare.

American food is harming us. Many colleagues echo my own overseas experience where the food tastes better and we lose weight, even when eating healthy.

Medical professionals are increasingly using "Healthspan" instead of "Lifespan" to describe health. Why live into your 90s if you lose your mobility and brain function.

Care based on holistic thinking and patient-centric approaches are core elements of "Healthspan".

MAHA is mobilizing people and policies to improve our diet and lifestyle, such as more exercise. It promotes alternative approaches to healing and wellness.

Historically, the Medical Establishment has embraced dubious methods that proved ineffective. First, they "cast out" demons. Then they "bled out" humors and poisons. Patients, including pregnant women, were deprived fresh air and sunlight until Florence Nightingale prevailed over military bureaucrats during the Crimean War.

Cutting on patients and drugging them are the current standards of care. Certain circumstances warrant these actions, but a growing mountain of evidence is showing there is a better way to treat many conditions.

Light is the key to extending our "Healthspan".

Just as Nightingale advocated, light heals. Our cellular mechanisms are similar to plants. We turn color when exposed to sunlight. We need the vitamin D that sunlight provides.

The sub-atomic process that turns nutrients, including light, into energy for our cells is identical for plants and animals.

Late Twentieth Century scientists discovered that taking the red and near-infrared part of the light spectrum, and increasing its intensity, restores cellular function. This process, known as Photobiomodulation (PBM), is increasingly accepted for health and wellness.

The first institutional use of PBM was to prevent the side-effects of chemotherapy. The treatment is now used to heal the painful sores in the mouth and throat. In the worst cases, these sores turn into Oral Mucositis, making the patient unable to swallow. Feeding tubes and suspension of cancer treatment follows, sending the patient into a fatal tailspin.

PBM prevents the side-effects of chemotherapy. It is so safe and effective that it is now a standard of care in the cancer community. PBM has become a popular shaped device for delivering PBM into their young patients' mouths.

Photobiomodulation

PBM is not only safe and effective, it's cost-effective. Using PBM to prevent chemotherapy side-effects reduces the overall cost of cancer treatment by 70 percent per patient.

PBM reduces inflammation by unblocking the sub-atomic processes within the mitochondria, which provide energy to our cells. This is so effective that in 2022, the National Academy of Medicine (formerly Institute of Medicine) made the platform alternative to Opioids as part of their revised Opioid Prescription Guidelines.

CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022 | MMWR

51 million Americans suffer from chronic pain. Annually, over 100,000 die of drug use. Over 2 million struggle with Opioid Use Disorder (OUD). PBM solves these issues.

By restoring cell function, PBM accelerates the body's ability to heal wounds and generate new skin tissue. Patients suffering from burns, wounds, and skin ulcers heal months faster, leaving no scarring.

As Americans age and become diabetic, foot ulcers occur and, when treated using traditional methods, usually lead to amputation. PBM prevents amputation and restores functionality.

Areas of PBM Study - PBM Foundation

The greatest expansion of PBM clinical evidence is treating neurological conditions.

375,000 veterans have chronic conditions arising from battlefield blast injuries. Traumatic Brain Injury (TBI) is linked to Post Traumatic Stress Disorder (PTSD) and to a higher susceptibility for having Parkinson's. Veterans' hospitals in Texas, Florida, and Washington have conducted extensive clinical studies using PBM to successfully treat these conditions.

In 2019, their dramatic results led the VA's Center for Compassionate Care Innovation (CCCI) to recommend PBM to treat Traumatic Brain Injuries (TBI), Chronic Traumatic Encephalopathy (CTE), and Post-Traumatic Stress Disorder (PTSD).

Center for Compassionate Care Innovation - National Center for Healthcare Advancement and Partnerships

Over 100 million patients have used PBM in clinical settings. Millions more use PBM, or "red light" devices, in their homes. There have been no documented side-effects. The American military integrates PBM into warfighter conditioning regimens. Professional athletes use PBM to enhance performance, improve recovery, and improvement. In 2018, the International Olympic Committee (IOC) approved PBM use in competition.

The Food and Drug Administration (FDA) has been clearing PBM devices for decades. Devices are inexpensive, simple to use, and only take minutes per dose.

Photobiomodulation (PBM) Devices - Premarket Notification [510(k)] Submissions | FDA

So why isn't Photobiomodulation therapy a common medical option?

Posted by Scot Faulkner at 3:59 PM No comments: Labels: Cancer, CDC, MAHA, Opioids, Pain Management, Photobiomodulation, RFK, Veterans

TUESDAY, JANUARY 14, 2025

HOW CONGRESS CAN HELP DOGE

Published on Newsmax Congress Desperately Needs DOGE-Focused Hearings | Newsmax.com

Congress can assure the success of the Department of Government Efficiency (DOGE) by fulfilling its Constitutional duty to oversee the Executive Branch.

The House's DOGE Subcommittee, Chaired by Rep. Marjorie Taylor Greene, can act as a "Grand Jury". The Subcommittee can become a key forum for informing the public of existing waste, fraud, and abuse, building the nonpartisan case for cutting budgets and eliminating programs. This existing information would be delivered by Inspector Generals who are tasked with providing objective reviews of the Finances and Operations of the Executive Branch.

The first hearing could review the Defense Department (DOD) failing its 7th financial audit.

The recent independent financial audit documented that the DOD could not account for $824 billion.

The DOGE Subcommittee could simply have the accountants reveal what they found over the seven years of failed audits. The Inspector General witnesses will not be hostile. They will be eager to report their findings in the hopes that tangible reforms might finally be made.

DOGE-focused hearings will be an historic opportunity to bring fundamental and lasting change to the Federal Government.

Over the years, most Congressional Oversight Hearings were contentious as they convened to embarrass the Executive Branch. Witnesses were hostile and refused to answer questions, obfuscated their answers, and outright lied. Congress and the Executive Branch more than the witnesses to make their case to counter the logical leadership.

DOGE-focused hearings will be different.

Witnesses from the Government Accountability Office (GAO) and the 73 Inspector Generals (IG's) will be eager to report ten years of their findings. Each year they collectively report over $650 billion in ongoing waste and provide recommended actions.

Few of their recommendations were implemented.

What great media moments could occur if credible, nonpartisan, professionals were allowed to present their findings. They would explain how the Executive Branch has squandered $6.5 trillion over the last ten years. They would list unimplemented reforms, which could form the roadmap of eliminating countless programs and offices.

Waste is not partisan. No one wants public funds misspent.

The work of the DOGE Subcommittee could be bolstered by real oversight hearings as part of the Appropriation process.

Congress can control the Executive Branch through its Constitutional power of the purse. What is funded exists and grows, what isn't funded shrinks or vanishes.

Appropriations Committees are mandated to meet and build the case for spending public funds. Administration witnesses make their case for appropriations. Congressional Oversight Hearings are the other side of the coin. What should occur is a dialogue designed to align Congressional intent, and Executive Branch actions, to public spending. What should emerge is legislation with properly vetted financials. Supporting these numbers should be the hearing record that builds a compelling case for how and why public funds should or shouldn't be spent.

This rarely happens in Congress. The result is Congress abdicating its Constitutional and destabilizing the Constitutional balance between coequal Branches.

There has been a steady decline in incorporating Congressional oversight into the Appropriation process. In 2010, there were 128 House Appropriation hearings prior to marking-up funding legislation. In 2024, there were only 29 hearings with witnesses from the Executive Branch and Inspector Generals. No one from the Government Accountability (GAO) was involved. The handful of "public" witnesses represented Washington-based stakeholder organizations. No one from oversight groups documenting government waste and abuse were invited to testify.

In the 1960s and 1990s, Appropriation hearings lasted three or more hours. Hearings in 2024 averaged less than two hours. In most cases, only the Department/Agency head testified.

On average only three to five Members of Congress attend these hearings. Only one or two Subcommittees have at least eleven Members (Defense has sixteen).

There were 43 Senate Appropriation hearings in 2024. Three Inspector Generals appeared, and there was no witnesses from the GAO or government watchdog groups.

Reversing these trends will be a critical part of establishing DOGE-focused hearings.

Senate and House Authorizing Committees could also help build the case for DOGE reforms by holding their own series of oversight hearings reaffirming the Inspector Generals under their respective jurisdictions along with the GAO.

DOGE focused hearings with House/Senate Oversight, Appropriations, Authorization Committees could form an echo chamber of evidence building a compelling nonpartisan case for reducing the size of the Executive Branch and its cost.

The findings of these DOGE-focused hearings will make it easier to pass legislation to eliminate programs, offices, and agencies. It will also make the case for dramatically reducing the budgets and personnel of obsolete and ineffective Executive Branch activities.

Americans deserve cost effective government. DOGE focused hearings will return Congress to its Constitutional role and responsibility.

Posted by Scot Faulkner at 1:46 PM No comments: Labels: Congressional Hearings, Congressional Oversight, DOGE, Government Reform, Government Spending, Musk, Trump

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